

Personal protective equipment for confirmed or suspected Covid-19 infection

Use your workwear, comprised of work trousers and a short-sleeve top.
Disinfect hands and forearms before and after contact with the individual.



Before close contact

- **Disinfect hands and forearms** – this must be done before and after each step!
- **Plastic apron** – long-sleeve if risk of heavy soiling
- **Disinfect hands and forearms**
- **Face mask class IIR**
- **Disinfect hands and forearms**
- **Full-face visor**
- **Disinfect hands and forearms**
- **Gloves** of correct size if contact with bodily fluids and chemicals





After close contact

Disposable visor

- 1 Remove gloves and place in waste bag.
- 2 Disinfect hands and forearms.
- 3 Remove plastic apron by loosening behind neck and back (do not pull over head), roll up with outside facing in and place in waste bag.
- 4 Disinfect hands and forearms.
- 5 Remove disposable visor and place in waste bag.
- 6 Disinfect hands and forearms.
- 7 Remove face mask and throw in waste bag.
- 8 Disinfect hands and forearms.
- 9 Throw waste bag in waste container.
- 10 Disinfect hands and forearms.





After close contact

Reusable visor – cleaning

- 1 Remove gloves and place in waste bag.
- 2 Disinfect hands and forearms.
- 3 Remove plastic apron by loosening behind neck and back (do not pull over head), roll up with outside facing in and place in waste bag.
- 4 Disinfect hands and forearms.
- 5 Remove visor and place on disinfected, cleanable surface.
- 6 Disinfect hands and forearms.
- 7 Put on new gloves and an apron.
- 8 Unclip visor and disinfect all parts and surfaces, front and back. Allow to dry, then return cleaned visor to proper place.
- 9 Remove gloves and apron, place together with used paper in waste bag.
- 10 Disinfect hands and forearms.
- 11 Throw waste bag in waste container.
- 12 Disinfect hands and forearms.

